

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Resident Birthdays:</b> 1/4 Joan Anderson 1/10 Betty Griggs 1/19 Jacqueline Canepa	9:30 Daily Chronicle & News 10:00 Chair Exercise 10:30 New Years Trivia 1:00 Card Bingo 2:00 Popcorn Social & New Years Resolutions Discussion 3:30 Inside Walking Club  <b>HAPPY NEW YEAR!</b>	9:30 Daily Chronicle & News 10:00 Light Stretching 10:30 Finish the Phrase 1:00 Spiritual Care Hour 2:00 Manicures <b>2:00 Tingting Shao art discussion and presentation-CR</b> 3:00 Name 5 Game 6:00 Movie Night	9:30 Daily Chronicle & News 10:00 Strengthening Exercises 10:30 Dose of Nostalgia 1:00 Sing-Along 2:00 Fresh Fruit Social 3:00 1:1 Visits	9:30 Daily Chronicle & News 10:00 Balloon Bat 10:30 Brain Teasers 1:00 Kings in the Corner Card Game <b>2:00 Social &amp; Games with The Springs-MCR</b> 3:00 Book Club 6:00 Stroll Down Memory Lane	9:00 St. Boniface Bible Study-CR 9:30 Daily Chronicle & News 10:00 Chair Exercise 10:30 Mind Joggers 1:00 Name That Tune 2:00 Headbandz Game <b>3:00 Music with Alice</b> 4:00 Inside Walking Club	9:30 Daily Chronicle & News 10:00 Walking Club 3:00 Lutheran Church of Hope-CR 5:30 Gloria Dei Lutheran Church Service on TV-MCR 6:00 Lawrence Welk-PBS
9:00 Communion Service with Heartland Presbyterian-SNF 9:30 Daily Chronicle & News 10:00 Church Program-Channel 371	9:30 Daily Chronicle & News <b>10:00 An Hour with Bob</b> 1:00 Card Bingo 2:00 Popcorn Social 3:30 Inside Walking Club	9:30 Daily Chronicle & News 10:00 Light Stretching 10:30 Finish the Phrase 1:00 Spiritual Care Hour 2:00 Manicures <b>2:00 Essential Oil Presentation-CR</b> 3:00 Family Feud Game 6:00 Movie Night	9:30 Daily Chronicle & News 10:00 Strengthening Exercises 10:30 Remember When 1:00 Sing-Along 2:00 Coffee & Crafts <b>2:00 Current Events with Dick Hudson-ILFR</b> 3:00 1:1 Visits	9:30 Daily Chronicle & News 10:00 Balloon Bat 10:30 Brain Teasers 1:00 Kings in the Corner Card Game 2:00 Relaxation Adult Coloring <b>4:00 Alzheimer's Caregiver Support Group-AL Library</b> 6:00 Stroll Down Memory Lane	9:00 St. Boniface Bible Study-CR 9:30 Daily Chronicle & News 10:00 Chair Exercise 10:30 Mind Joggers 1:00 Outreach Project 2:00 Headbandz Game 3:00 Puzzle Group 4:00 Inside Walking Club	9:30 Daily Chronicle & News 10:00 Walking Club 3:00 Table Games 5:30 Gloria Dei Lutheran Church Service on TV-MCR 6:00 Lawrence Welk-PBS
9:30 St. Boniface Catholic Mass-SNF 9:30 Daily Chronicle & News 10:00 Church Program-Channel 371	9:30 Daily Chronicle & News 10:00 Chair Exercise 10:30 Winter Trivia 1:00 Card Bingo 2:00 Popcorn Social 3:30 Inside Walking Club  <b>Martin Luther King Jr. Day</b>	9:30 Daily Chronicle & News 10:00 Light Stretching 10:30 Finish the Phrase 1:00 Spiritual Care Hour 2:00 Manicures <b>4:00 Aaron Schoemaker sings-CR</b> 6:00 Movie Night	9:30 Daily Chronicle & News 10:00 Strengthening Exercises 10:30 Dose of Nostalgia 1:00 Sing-Along 2:00 Happy Hour 3:00 1:1 Visits	9:30 Daily Chronicle & News 10:00 Balloon Bat 10:30 Brain Teasers <b>1:30 Music &amp; Sing A-Long with Pat Lydon-CR</b> 2:30 Book Club 3:00 Hearing Aid Discussion-CR 6:00 Stroll Down Memory Lane	9:00 St. Boniface Bible Study-CR 9:30 Daily Chronicle & News 10:00 Chair Exercise 10:30 Mind Joggers <b>2:00 Botanical Center Outing</b> 3:00 Puzzle Group 4:00 Inside Walking Club	9:30 Daily Chronicle & News 10:00 Walking Club 3:00 Lutheran Church of Hope-CR 5:30 Gloria Dei Lutheran Church Service on TV-MCR 6:00 Lawrence Welk-PBS
9:30 Daily Chronicle & News 10:00 Church Program-Channel 371 <b>2:00 Resident Birthday Party</b>	9:30 Daily Chronicle & News 10:00 Chair Exercise 10:30 Who Am I? Trivia 1:00 Card Bingo 2:00 Popcorn Social 3:30 Inside Walking Club	9:30 Daily Chronicle & News <b>10:00 Music with Mike</b> 10:30 Finish the Phrase 1:00 Manicures 2:00 Pie Social for National Pie Day! 3:00 Name 5 Game 6:00 Movie Night	9:30 Daily Chronicle & News 10:00 Strengthening Exercises 10:30 Remember When 1:00 Sing-Along 2:00 Coffee & Crafts <b>2:00 Current Events with Dick Hudson-ILFR</b> 3:00 1:1 Visits	9:30 Daily Chronicle & News 10:00 Balloon Bat 10:30 Brain Teasers 1:00 Iowa's Hidden Treasures 2:00 Kings in the Corner Card Game 3:30 Relaxation Adult Coloring 6:00 Stroll Down Memory Lane	9:00 St. Boniface Bible Study-CR 9:30 Daily Chronicle & News 10:00 Chair Exercise 10:30 Mind Joggers 1:00 Music Hour 2:00 Headbandz Game 3:00 Puzzle Group 4:00 Inside Walking Club	9:30 Daily Chronicle & News 10:00 Walking Club 3:00 Table Games 5:30 Gloria Dei Lutheran Church Service on TV-MCR 6:00 Lawrence Welk-PBS
9:30 St. Boniface Catholic Mass-SNF 9:30 Daily Chronicle & News 10:00 Church Program-Channel 371	9:30 Daily Chronicle & News 10:00 Chair Exercise 10:30 Trivia 1:00 Card Bingo 2:00 Popcorn Social 3:30 Inside Walking Club	9:30 Daily Chronicle & News 10:00 Light Stretching 10:30 Finish the Phrase 1:00 Spiritual Care Hour 2:00 Manicures 3:00 Family Feud Game 6:00 Movie Night	9:30 Daily Chronicle & News 10:00 Strengthening Exercises 10:30 Dose of Nostalgia 1:00 Sing-Along <b>2:00 State Historical Museum Outing</b> 3:00 1:1 Visits			<b>All offerings are subject to change without notice.</b>
<b>Items in BLUE are outings</b>  <b>Items in RED are entertainment</b>  <b>Items in GREEN are Watermark University</b>				<b>ACTIVITY LOCATOR KEY</b>	<b>MCR- Springs Main Community Room</b>  <b>AL Library-Assisted Living Library</b>	<b>CR- Community Room</b>  <b>ILFR- Independent Living Family Room</b>
<h1>JANUARY 2018</h1> <p>The Gardens</p>						