

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<u>Resident Birthday's</u> Susanne Rogers 11th Jan Peebler 11th Kay Rhoten 15th Dorothy Olson 20th	<u>February is National:</u> Heart Awareness Month Black History Month Oral Hygiene Awareness Month Eating Disorder Awareness Month			9:00 Donut Social-TC 11:00 Modified Tai Chi w/Ashley-E 11:30-1:00 Senior Helpers Blood Pressure Clinic-E 12:30 Exercise-AL 1:30 Valentine's Craft-ALPDR 1:30 Skip-Bo-ALDR 2:00 Adult Coloring-VG 7:00 Movie and Review-TH <b>1</b>	<b>Ground Hog Day</b> <b>National Wear Red Day</b> 9:00 St. Boniface Bible Study-CR 12:30 Exercise-AL 1:30 Bridge Club-CR 2:00 Card Bingo-ALDR 7:00 Game Night-VG <b>2</b>	3:00 Lutheran Church of Hope-CR <b>3</b>	
9:00 Heartland Presbyterian Church Service-SNF 5:30 Super Bowl on NBC <b>4</b>	10:00 Coffee Talk-Facts about February-ALPDR 12:30 Exercise-AL 1:00 Technology Q&A-3FIL 3:00 Brain Teasers-FR 4:00 Bible Study-CR 7:00 Dominoes/500-VG <b>5</b>	9:00 Trip to Hy-Vee 10:00 Exercise with Butch and Phyllis-SNF 10:30 Kings in the Corner-ALDR 11:00 Exercise with Ashley-E 12:30 Exercise-AL 2:00 Card Bingo-ALDR 3:00 Trivia Tuesday-FR 7:00 Movie and Review-TH <b>6</b>	10:00 Manicures 10:30 Bean Bag Baseball Practice-TC 12:30 Exercise-AL 2:00 Valentine's Day Recipe Chat w/Traci-ALDR 3:00 Music w/Alice Cooper-SNF 7:00 Card Bingo-CR <b>7</b>	9:00 Donut Social-TC 11:00 Modified Tai Chi w/Ashley-E 12:30 Exercise-AL 1:30 Intro to Dominoes-ALDR 2:00 Adult Coloring-VG 3:00 Happy Hour-CR 4:00 Alzheimer's Support Group-AL Library 7:00 Movie and Review-TH <b>8</b>	9:00 St. Boniface Bible Study-CR 12:30 Exercise-AL 1:30 Bridge Club-CR 2:00 Trip to Michael's 2:00 Card Bingo-ALDR 7:00 Game Night-VG 2018 Pyeongchang Olympics Opening Ceremony on NBC <b>9</b>	10:00 Pied Pipers Studio Piano Program-CR 12:30 Exercise-AL <b>10</b>	
9:30-St. Boniface Catholic Service-SNF <b>11</b>	10:00 Coffee Talk-Valentine's Day Fun Facts-ALPDR 11:30-2:00 Treasure Cove-2FIL 1:00 Technology Q&A-3FIL 12:30 Exercise-AL 2:00 Mardis Gras Party-CR 4:00 Bible Study-CR 7:00 Dominoes/500-VG <b>12</b>	9:00 Trip to Fareway 10:00 Exercise w/Butch and Phyllis-SNF 10:30 Dominoes-ALDR 11:00 Exercise with Ashley-E 12:30 Exercise-AL 2:00 Card Bingo-ALDR 3:00 Trivia Tuesday-FR 3:30 Parkinson's Disease Support Group-CR 7:00 Movie and Review-TH <b>13</b>	<u>Valentine's Day &amp; Ash Wednesday</u> 10:00 Manicures 10:30 Bean Bag Baseball Practice-TC 11:00 E-Valley Church Luncheon-TC 2:00 Current Events w/Dick Hudson-FR 3:00-5:00 Valentine's Day Happy Hour w/Friend In Deed Music-TC 7:00 Card Bingo-CR <b>14</b>	9:00 Donut Social-TC 11:00 Modified Tai Chi w/Ashley-E 12:30 Exercise-AL 1:30 Uno-ALDR 2:00 Adult Coloring-VG 7:00 Movie and Review-TH <b>15</b>	9:00 St. Boniface Bible Study-CR 12:30 Exercise-AL 1:30 Bridge Club-CR 2:00 Card Bingo-ALDR 7:00 Game Night-VG <b>16</b>	10:00 Trivia-Jeopardy Style-CR 12:30 Exercise-AL 3:00 Lutheran Church of Hope-CR <b>17</b>	
1:30 Daytona 500 on FOX <b>18</b>	<u>President's Day</u> 10:00 Coffee Talk-Presidents Day Discussion-ALPDR 12:30 Exercise-AL 1:00 Technology Q&A-3FIL 2:00-4:00 Legacy Pointe Olympics-TC & CR 4:00 Bible Study-CR 7:00 Dominoes/500-VG <b>19</b>	9:00 Trip to Wal-Mart 10:00 Exercise w/Butch and Phyllis-SNF 10:30 Scrabble-ALDR 11:00 Exercise with Ashley-E 12:30 Exercise-AL 2:00 Card Bingo-ALDR 3:00 Trivia Tuesday-FR 7:00 Movie and Review-TH <b>20</b>	10:00 Manicures 10:30 Bean Bag Baseball Practice-TC 11:00 Lunch Bunch-Cool Basil 12:30 Exercise-AL 2:00 Waukee Middle School Jazz Concert-CR 7:00 Card Bingo-CR <b>21</b>	9:00 Donut Social-TC 11:00 Modified Tai Chi w/Ashley-E 11:00 Table Decorating-ALPDR 12:30 Exercise-AL 1:30 Resident Council-ALDR 2:00 Adult Coloring-VG 2:30 Joe Klinefelter Sings-SNF 3:00 National Margarita Day Happy Hour-CR 7:00 Movie and Review-TH <b>22</b>	9:00 St. Boniface Bible Study-CR 10:30 Jonathan May Comedian Magician-CR 12:30 Exercise-AL 1:30 Bridge Club-CR 2:00 Iowa Hall of Pride Bus Outing 2:00 Card Bingo-ALDR 7:00 Game Night-VG <b>23</b>	12:30 Exercise-AL <b>24</b>	
9:30 St. Boniface Catholic Service-SNF 2018 Pyeongchange Olympics Closing Ceremony on NBC <b>25</b>	10:00 Coffee Talk-Leap Year Discussion-ALPDR 11:30-2:00 Treasure Cove-2FIL 12:30 Exercise-AL 1:00 Technology Q&A-3FIL 3:00 Brain Teasers-FR 4:00 Bible Study-CR 7:00 Dominoes/500-VG <b>26</b>	9:00 Trip to Hy-Vee 10:00 Exercise w/Butch and Phyllis-SNF 10:30 Card Games-ALDR 11:00 Exercise with Ashley-E 12:30 Exercise-AL 2:00 Card Bingo-ALDR 3:00 Trivia Tuesday-FR 7:00 Movie and Review-TH <b>27</b>	10:00 Manicures 10:30 Bean Bag Baseball Practice-TC 12:30 Exercise-AL 2:00 Current Events w/Dick Hudson-FR 2:00 Recipe Exchange-CR 3:00 AL/IL Birthday Party-CR 7:00 Card Bingo-CR <b>28</b>	<u>Senior Care Hair</u> Colleen (515) 669-3593 <u>Indulge Salon</u> Mary Mars (515) 250-7140	<u>Bankers Trust Hours</u> Wednesdays 1:00-3:00pm Town Center	<u>Community Life Director</u> Ashley Wiederin 515-987-4107 awiederin@watermarkcommunities.com	
Items in BLUE are Watermark University Items in GREEN are entertainment Items in RED are outings and require sign up Items in DARK RED are meetings Items in GRAY are for the Olympics	<h1>FEBRUARY 2018</h1> <p>The Inn</p>			<b>ACTIVITY LOCATOR KEY</b>		2FIL-2nd Floor Independent Living 3FIL 3rd Floor Independent Living SNF-Skilled Nursing Facility E-Exercise Room Independent Living VG-Village Grounds Independent Living FR-Family Room	ALPDR-Assisted Living Private Dining Room AL-Assisted Living ALDR Assisted Living Dining Room CR-Community Room TC-Town Center TH-Theatre Room