

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Contact Information Julia- Springs Community Life Associate (515-987-4107) Ashley- Community Life Director (515-478-6402)	Contact Information Cont'd. Colleen- Springs Beauty Salon (515-669-3593) Mary Mars- Indulge Salon (515-250-7140)		9:45 Daily Chronicles-WCR 10:00 Chair Exercises-WCR 10:30 Donut Social-WCR 1:30 Social with the Gardens-MCR 4:30 Dinner Chat-WDR & EDR 7:00 Movie & Discussion-TH	9:00 St. Boniface Bible Study-TC 9:45 Daily Chronicles-WCR 10:00 Strengthening Exercises-WCR 10:30 This Day in History-WCR 1:30 Card Games-MCR 1:30 Bridge Club-TC 3:00 Happy Hour-MCR 4:30 Dinner Chat-WDR & EDR WEAR RED DAY/GROUNDHOG DAY	9:00 Chair Exercises-WCR 1:30 Puzzles-MCR 3:00 Lutheran Church of Hope-TC 4:30 Dinner Chat-WDR & EDR 5:30 Gloria Dei Lutheran Church Service on TV-MCR
9:00 Communion Service with Heartland Presbyterian-MCR 9:30 Gloria Dei Lutheran Church Service on TV-MCR 10:00 Chair Exercises-WCR 11:00 Gloria Dei Lutheran Church Service on TV-MCR 4:30 Dinner Chat-WDR & EDR 5:30 Super Bowl Watch Party-WCR	9:45 Daily Chronicles-WCR 10:00 Chair Yoga-WCR 10:30 Valentine's Day Trivia-WCR 11:00 Technology Class-3IL 1:30 Bingo-MCR 3:00 Popcorn Social-MCR 4:00 Bible Study-TC 4:30 Dinner Chat-WDR & EDR	9:30 Men & Ladies Social-WCR 10:00 Exercise with Butch & Phyllis-WCR 1:00 Card Bingo-MCR 2:00 Manicures-MCR 4:30 Dinner Chat-WDR & EDR 7:00 Movie & Discussion-TH	10:00 Therapy Cat-MCR 1:00 Balance Exercises-WCR 1:30 New in the News-WCR 2:00 Valentine's Day Recipe Chat w/ Traci-AL 2:30 Coffee & Chat-ECR 3:00 Music with Alice-ECR 4:30 Dinner Chat-WDR & EDR 5:30 Dominoes Club-MCR	9:45 Daily Chronicles-WCR 10:00 Chair Exercises-WCR 10:30 Donut Social-WCR 1:30 Board Games-MCR 4:00 Alzheimer's Caregivers Support Group-AL 4:30 Dinner Chat-WDR & EDR 7:00 Movie & Discussion-TH	9:00 St. Boniface Bible Study-TC 9:45 Daily Chronicles-WCR 10:00 Strengthening Exercises-WCR 10:30 This Day in History-WCR 1:30 Bridge Club-TC 1:30 Card Games-MCR 2:00 Michael's Craft Store Outing 4:30 Dinner Chat-WDR & EDR 7:00 Winter Olympics Opening Ceremony WCR	9:00 Chair Exercises-WCR 10:00 Pied Pipers Studio Piano Program-TC 2:30 Resident Birthday Party-MCR 4:30 Dinner Chat-WDR & EDR 5:30 Gloria Dei Lutheran Church Service on TV-MCR
9:30 St. Boniface Catholic Service-WCR 9:30 Gloria Dei Lutheran Church Service on TV-MCR 10:00 Chair Exercises-WCR 11:00 Gloria Dei Lutheran Church Service on TV-MCR 1:00 Olympics Watch Party-WCR 4:30 Dinner Chat-WDR & EDR	9:45 Daily Chronicles-WCR 10:00 Chair Yoga-WCR 10:30 Mardi Gras Trivia-WCR 11:00 Technology Class-3IL 11:30-2:00 Treasure Cove-2IL 1:30 Bingo-MCR 2:00 Mardi Gras Party-CR 3:00 Popcorn Social-MCR 4:00 Bible Study-TC 4:30 Dinner Chat-WDR & EDR	9:30 Men & Ladies Social-WCR 10:00 Exercise with Butch & Phyllis-WCR 1:00 Card Bingo-MCR 2:00 Manicures-MCR 3:30 Parkinson's Disease Support Group-TC 4:30 Dinner Chat-WDR & EDR 7:00 Movie & Discussion-TH MARDI GRAS	10:00 Therapy Cat-MCR 1:00 Balance Exercises-WCR 1:30 New in the News-WCR 2:00 Current Events with Dick-ME 3:00 Valentine's Happy Hour w/Friend In Deed Music-TC 4:30 Dinner Chat-WDR & EDR 5:30 Dominoes Club-MCR HAPPY VALENTINE'S DAY!	9:45 Daily Chronicles-WCR 10:00 Chair Exercises-WCR 10:30 Donut Social-WCR 1:30 Resident Council Meeting-MCR 3:00 Board Games-MCR 4:30 Dinner Chat-WDR & EDR 7:00 Movie & Discussion-TH	9:00 St. Boniface Bible Study-TC 9:45 Daily Chronicles-WCR 10:00 Strengthening Exercises-WCR 10:30 This Day in History-WCR 1:30 Card Games-MCR 1:30 Bridge Club-TC 2:00 Caribou Coffee Outing 4:30 Dinner Chat-WDR & EDR	9:00 Chair Exercises-WCR 1:30 Puzzles-MCR 3:00 Lutheran Church of Hope-TC 4:30 Dinner Chat-WDR & EDR 5:30 Gloria Dei Lutheran Church Service on TV-MCR
9:30 Gloria Dei Lutheran Church Service on TV-MCR 10:00 Chair Exercises-WCR 11:00 Gloria Dei Lutheran Church Service on TV-MCR 1:30 Daytona 500 Watch Party-WCR 4:30 Dinner Chat-WDR & EDR	9:45 Daily Chronicles-WCR 10:00 Chair Yoga-WCR 10:30 President's Day Trivia-WCR 11:00 Technology Class-3IL 1:30 Bingo-MCR 2:00 Legacy Pointe Olympics-TC 3:00 Popcorn Social-MCR 4:00 Bible Study-TC 4:30 Dinner Chat-WDR & EDR PRESIDENTS DAY	9:30 Men & Ladies Social-WCR 10:00 Exercise with Butch & Phyllis-WCR 1:00 Card Bingo-MCR 2:00 Manicures-MCR 4:30 Dinner Chat-WDR & EDR 7:00 Movie & Discussion-TH	10:00 Therapy Cat-MCR 1:00 Balance Exercises-WCR 1:30 New in the News-WCR 2:00 Waukee Middle School Jazz Concert-TC 4:30 Dinner Chat-WDR & EDR 5:30 Dominoes Club-MCR	9:45 Daily Chronicles-WCR 10:00 Chair Exercises-WCR 10:30 Donut Social-WCR 1:00 Arts & Crafts-MCR 2:30 Entertainment by Joe Klinefelter-ECR 4:30 Dinner Chat-WDR & EDR 7:00 Movie & Discussion-TH	9:00 St. Boniface Bible Study-TC 9:45 Daily Chronicles-WCR 10:00 Strengthening Exercises-WCR 10:30 This Day in History-WCR 10:30 Comedian & Magician Jonathan May Performance-TC 1:30 Card Games-MCR 1:30 Bridge Club-TC 2:00 Iowa Hall of Pride Outing 4:30 Dinner Chat-WDR & EDR	9:00 Chair Exercises-WCR 2:00 Board Games-MCR 4:30 Dinner Chat-WDR & EDR 5:30 Gloria Dei Lutheran Church Service on TV-MCR
9:30 St. Boniface Catholic Service-WCR 9:30 Gloria Dei Lutheran Church Service on TV-MCR 10:00 Chair Exercises-WCR 11:00 Gloria Dei Lutheran Church Service on TV-MCR 1:00 Olympics Watch Party-WCR 4:30 Dinner Chat-WDR & EDR	9:45 Daily Chronicles-WCR 10:00 Chair Yoga-WCR 10:30 Heart Trivia-WCR 11:00 Technology Class-3IL 11:30-2:00 Treasure Cove-2IL 1:30 Bingo-MCR 3:00 Popcorn Social-MCR 4:00 Bible Study-TC 4:30 Dinner Chat-WDR & EDR	9:30 Men & Ladies Social-WCR 10:00 Exercise with Butch & Phyllis-WCR 1:00 Card Bingo-MCR 2:00 Manicures-MCR 4:30 Dinner Chat-WDR & EDR 7:00 Movie & Discussion-TH	10:00 Therapy Cat-MCR 1:00 Balance Exercises-WCR 1:30 New in the News-WCR 2:00 Current Events with Dick-ME 3:00 Color Me Calm-MCR 4:30 Dinner Chat-WDR & EDR 5:30 Dominoes Club-MCR		All activities are subject to change. Community wide events are listed in red. Outings are listed in green.	
Resident's Birthdays 2/7: Margaret George 2/15: Orland Jeffries 2/25: Madeline Oddy		<h1>FEBRUARY 2018</h1> <p><i>The Springs-Skilled Nursing & Rehabilitation</i></p>		ACTIVITY LOCATOR KEY WCR- Springs West Community Room MCR- Springs Main Community Room ECR- Springs East Community Room	WDR- Springs West Dining Room EDR- Springs East Dining Room AL-Inn ME- Town Center Main Entrance TH- Town Center Theater	TC- Town Center Main Community Room ILDR- Town Center Dining Room 2IL- Town Center 2nd Floor 3IL- Town Center 3rd Floor