

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>December Birthdays</u></p> <p>Art Blaschke - 12/8 Pat Hawbaker - 12/12</p>	<p><u>Contact Information</u> Ashley - Community Life Director (515-478-6402)</p> <p>All offerings are subject to change without notice.</p>					<p>10:30 Therapy Dog Visit 2:30 Coloring for Relaxation 3:00 Lutheran Church of Hope-CR 7:00 Lawrence Welk - Channel 11</p>
<p>9:30 St. Boniface Catholic Mass-SNF 10:00 Worship Anew - Channel 377</p> <p>HANUKKAH BEGINS</p>	<p>9:30 Morning Buzz 10:00 Sing-Along 10:30 Movin' Monday Exercises 1:30 Spa Day - Manicures 2:30 Let's Decorate the Trees 3:30 Relax & Rewind 3:30 Life Skills</p>	<p>9:30 Morning Buzz 10:00 Trivia Tuesday 11:00 Power Walk 1:30 King's Corner 2:30 Creative Craft - Ribbons & Bows 3:30 Relax & Rewind 3:30 Life Skills</p>	<p>9:30 Morning Buzz 10:00 Resistance Band Exercises 11:00 Swiffer the Chihuahua Visit 11:00 Power Walk 1:00 Hand Massages 2:00 Merry Christmas J-I-N-G-O 3:30 Relax & Rewind 3:30 Life Skills</p>	<p>9:30 Morning Buzz 10:00 Devotions/Hymn Sing 11:00 Power Walk 1:30 Balloon Swat 2:00 Munch/Mix/Mingle 3:30 Relax & Rewind 3:30 Life Skills 4:00 Alzheimer's Support Group -AL Library</p>	<p>9:30 Morning Buzz 10:00 The Story of Pearl Harbor Day 11:00 Power Walk 1:30 King's Corner 3:30 Relax & Rewind 3:30 Life Skills 7:00 Movie Night/Popcorn</p> <p>PEARL HARBOR DAY</p>	<p>10:30 Therapy Dog Visit 2:30 Coloring for Relaxation 7:00 Lawrence Welk - Channel 11</p>
<p>9:00 Communion Service with Heartland Presbyterian- SNF 10:00 Worship Anew - Channel 377 2:00 Girl Scout Group Caroling</p>	<p>9:30 Morning Buzz 10:00 Sing-Along 10:30 Movin' Monday Exercises 1:30 Spa Day - Manicures 2:30 Residents' Birthday Party 3:30 Relax & Rewind 3:30 Life Skills 6:00 Jolly Holiday Lights Outing</p> <p>HANUKKAH ENDS</p>	<p>9:30 Morning Buzz 10:00 Trivia Tuesday 11:00 Power Walk 1:00 Xmas movies/Xmas coloring for relaxation 3:30 Relax & Rewind 3:30 Life Skills 1:30 King's Corner 2:30 Creative Craft- Christmas Cards 3:30 Parkinson's Disease Support Group-TC 3:30 Relax & Rewind 3:30 Life Skills</p>	<p>9:30 Morning Buzz 10:00 Cadence the Beagle Visit 11:00 Power Walk 1:00 Hand Massages 2:00 Card Bingo 3:30 Relax & Rewind 3:30 Life Skills</p>	<p>9:30 Morning Buzz 10:00 Devotions/Hymn Sing 11:00 Power Walk 1:30 Balloon Swat 2:00 Munch/Mix/Mingle 2:00 Veteran's Pictures for the Veteran's Wall-TC 3:30 Relax & Rewind 3:30 Life Skills</p>	<p>9:30 Morning Buzz 10:00 The 12 Days of Christmas 11:00 Power Walk 1:30 King's Corner 3:30 Relax & Rewind 3:30 Life Skills 7:00 Movie Night/Popcorn</p>	<p>10:30 Therapy Dog Visit 2:30 Coloring for Relaxation 3:00 Lutheran Church of Hope-CR 7:00 Lawrence Welk - Channel 11</p>
<p>9:30 St. Boniface Catholic Mass-SNF 10:00 Worship Anew - Channel 377</p>	<p>9:30 Morning Buzz 10:00 Sing-Along 10:30 Movin' Monday Exercises 1:30 Spa Day - Manicures 2:30 Card Bingo 3:30 Relax and Rewind 3:30 Life Skills</p>	<p>9:30 Morning Buzz 10:00 Trivia Tuesday 11:00 Power Walk 1:30 Let's Bake Christmas Cookies 3:30 Relax & Rewind 3:30 Life Skills 5:30 Resident & Family Christmas Dinner</p>	<p>9:30 Morning Buzz 10:00 Music w/ Mike 11:00 Swiffer the Chihuahua Visit 11:00 Power Walk 1:00 Hand Massages 2:00 Merry Christmas J-I-N-G-O 3:30 Relax & Rewind 3:30 Life Skills</p>	<p>9:30 Morning Buzz 10:00 Devotions/Hymn Sing 11:00 Power Walk 2:00-4:00 Festival of Trees-will bus MC residents over to TC 3:00 Grief/Loss Support Group-TC 2:00 Munch/Mix/Mingle 3:30 Relax & Rewind 3:30 Life Skills</p>	<p>9:30 Morning Buzz 10:00 Winter Wonderland Hangman 11:00 Power Walk 1:30 King's Corner 3:30 Relax & Rewind 3:30 Life Skills 7:00 Movie Night/Popcorn</p> <p>FIRST DAY OF WINTER</p>	<p>10:30 Therapy Dog Visit 2:30 Coloring for Relaxation 7:00 Lawrence Welk - Channel 11</p>
<p>9:30 St. Boniface Catholic Mass-SNF 10:00 Worship Anew - Channel 377</p>	<p>9:30 Morning Buzz 10:00 Sing-Along 10:30 Movin' Monday Exercises 1:30 Spa Day - Manicures 2:30 Merry Christmas J-I-N-G-O 3:30 Relax & Rewind/Life Skills 5:30 'Twas the Night Before Christmas 6:00 Movie/Hot Chocolate w/ Candy Canes <i>It's A Wonderful Life</i></p>	<p>10:00 Santa Arrived - The Christmas Story Let's Open Presents! 1:00 Christmas Movies/Christmas Coloring for Relaxation/Puzzles/Cards 3:30 Relax & Rewind 3:30 Life Skills</p>	<p>9:30 Morning Buzz 10:00 Christmas Movies/Christmas Coloring for Relaxation/Puzzles/Cards 3:30 Relax & Rewind 3:30 Life Skills</p>	<p>9:30 Morning Buzz 10:00 Devotions/Hymn Sing 11:00 Power Walk 1:30 Balloon Swat 2:00 Munch/Mix/Mingle 3:30 Relax & Rewind 3:30 Life Skills</p>	<p>9:30 Morning Buzz 10:00 New Year's A - Z 11:00 Power Walk 1:30 King's Corner 3:30 Relax & Rewind 3:30 Life Skills 7:00 Movie Night/Popcorn</p>	<p>10:30 Therapy Dog Visit 2:30 Coloring for Relaxation 7:00 Lawrence Welk - Channel 11</p>
<p>9:30 St. Boniface Catholic Mass-SNF 10:00 Worship Anew - Channel 377</p>	<p>9:30 Morning Buzz 10:00 Sing-Along 10:30 Movin' Monday Exercises 1:30 Spa Day - Manicures 2:30 New Year's Eve Celebration! 3:30 Relax & Rewind 3:30 Life Skills</p> <p>NEW YEAR'S EVE</p>	<p>DECEMBER 2018</p> <p><i>The Gardens</i></p>			<p>ACTIVITY LOCATOR KEY</p> <p>TC - Town Center (Main building)</p> <p>AL Library - Assisted Living Library (Main building)</p>	<p>Items in BLUE are Watermark University</p> <p>Items in RED are Outings</p> <p>Items in GREEN are Entertainment</p>