

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>Resident Birthdays</u> Mary Jane Britain – Dec 12 Kathryn (Katie) Dawes – Dec 31 Dolores Bentall – Dec 31	<u>Bankers Trust</u> Town Center Wednesday 1-3 pm	<u>Senior Hair Care</u> Colleen (515)669-3593 <u>Indulge Salon</u> Mary Mars (515) 250-7140	Items in BLUE are Watermark University Items in RED are outings and require residents to sign up Items in GREEN are entertainment Items in Dark Red are meetings Items in Dark Purple are Bean Bag Baseball related	All activities are subject to change or cancellation without notice		9:30 Card Games-AL 3:00 Lutheran Church of Hope-CR  *Mind Fitness Games Available in the Village Grounds*
9:00 Heartland Presbyterian Communion Service-SNF	9:30 Chair Stretch 10:30 Mind Fitness Games-ALDR 10:30 Bean Bag Baseball Practice-CR 12:30 Card Games-AL Library 1:30 Quilting Group-2FIL 4:00 Bible Study-CR 6:00 Jolly Holiday Lights-Meet in TC 7:00 Dominoes/500-VG	9:00 Bus to Hy-Vee 10:00 Kids Christmas Caroling Group-CR 10:00 Exercise w/ Butch & Phyllis-SNF 1:00 Technology Q&A-3FIL 1:15 Hand and Foot-VG 1:30 TjMaxx/Trader Joes 2:00 Card Bingo-ALDR 2:30 Movie Matinee-FR 4:00 Guided Mediation-IL Library 6:00 Walking Club-meet in TC 7:00 Movie and Review-TH	Bean Bag Baseball-World Series-Players be in the TC at 8:15 we will leave at 8:30 am 9:30 Chair Stretch 10:30 Mind Fitness Games-ALDR 10:30 Manicures-AL Library 12:30 Card Games-AL Library 3:00 Sing-along w/Mary Simmons-SNF 7:00 Card Bingo-ILDR	9:00 Donut Social-CR 10:30 Balance, Posture, and Core-E 1:00-2:30 S.H. B.P. Clinic-E 1:30 Bridge Club-2FIL 2:00 Dominoes Club-AL Library 2:00 Sing a longs-CR 2:30 Movie Matinee-FR 4:00 Spiritual Discussion-IL Library 4:00 Alzheimer's Support Group-AL Library 6:30 New Horizon's Band-ILDR 7:00 Movie and Review-TH 7:00-9:00 Beaver Creek Practice-CR	<u>Pearl Harbor Remembrance Day</u> 9:00 St. Boniface Bible Study-CR 9:30 Chair Stretch 10:30 Mind Fitness Games-ALDR 12:30 Card Games-AL Library 1:30 Pat Lydon Performs Sing-alongs-CR 2:00 Card Bingo-ALDR 3:00 Art Class-CR 7:00 Game Night-VG	9:30 Card Games-AL 3:00 Arrow Academy of Music-Children's Piano Recital-CR  *Mind Fitness Games Available in the Village Grounds*
9:30 St. Boniface Catholic Church Service-SNF 3:30 Children's Piano Recital-CR	9:30 Chair Stretch 10:30 Mind Fitness Games-ALDR 10:30 Bean Bag Baseball Practice-CR 11:30-2:00 Treasure Cove Open 2FIL 12:30 Card Games-AL Library 1:30 Quilting Group-2FIL 4:00 Bible Study-CR 7:00 Dominoes/500-VG	9:00 Bus to Walmart 10:00 Exercise w/ Butch & Phyllis-SNF 1:00 Technology Q&A-3FIL 1:15 Hand and Foot-VG 1:30 Jordan Creek Mall 2:00 Card Bingo-ALDR 2:30 Movie Matinee-FR 2:30 Jeopardy with Senior Helpers-CR 3:30 Parkinson's Disease Support Group-CR 4:00 Guided Mediation-IL Library 6:00 Walking Club-meet in TC 7:00 Movie and Review-TH	9:30 Chair Stretch 10:30 Mind Fitness Games-ALDR 10:30 Manicures-AL Library 11:00 E-Valley Church Lunch Outing 12:30 Card Games-AL Library 2:00 Current Events w/Dick Hudson-FR 2:00 Bernice Shannon performs on the keyboard-SNF 7:00 Card Bingo	9:00 Donut Social-TC 10:30 Balance, Posture, and Core-E 1:30 Bridge Club-2FIL 1:30 Resident Council-ALDR 2:00 Veteran's Pictures for the Vet's Wall-TC 2:00 Dominoes Club-AL Library 2:00 Sing a longs-E 2:30 Movie Matinee-FR 4:00 Spiritual Discussion-IL Library 7:00 Movie and Review-TH 7:00-9:00 Beaver Creek Practice-CR	9:00 St. Boniface Bible Study-CR 9:30 Chair Stretch 10:30 Mind Fitness Games-ALDR 12:30 Card Games-AL Library 1:45 Waukee Middle School Carolers-CR 2:00 Card Bingo-ALDR 3:00 Happy Hour-CR 7:00 Game Night-VG	<u>National Wear Your Pearls Day</u> 9:30 Card Games-AL 1:00 Urbandale Community Band-CR 3:00 Lutheran Church of Hope-CR *Mind Fitness Games Available in the Village Grounds*
	9:30 Chair Stretch 10:30 Mind Fitness Games-ALDR 10:30 Bean Bag Baseball Practice-CR 12:30 Card Games-AL Library 1:30 Quilting Group-2FIL 3:00 Winter Wreath Craft w/Alison-CR 4:00 Bible Study-CR 7:00 Dominoes/500-VG	9:00 Bus to Fareway 10:00 Exercise w/Butch & Phyllis-SNF 1:00 Technology Q&A-3FIL 1:15 Hand and Foot-VG 1:30 Goodwill 2:00 Card Bingo-ALDR 2:30 Movie Matinee-FR 5:30 Christmas Dinner 6:00 Walking Club-meet in TC 7:00 Movie and Review-TH	<u>National Hard Candy Day</u> 9:30 Chair Stretch 10:30 Lunch Bunch-The Tavern 10:30 Mind Fitness Games-ALDR 10:30 Manicures-AL Library 12:30 Card Games-AL Library 2:00 Hank Bauer performs 50's and 60's-SNF 7:00 Card Bingo-ILDR	9:00 Donut Social-CR 10:30 Balance, Posture, and Core-E 1:00-2:30 S.H. B.P. Clinic-E 1:30 Bridge Club-2FIL 2:00-4:00 Legacy Pointe Festival of Trees 2:00 Dominoes Club-AL Library 2:00 Sing a longs-E 2:30 Movie Matinee-FR 3:00 Grief/Loss Support Group-CR 4:00 Spiritual Discussion-IL Library 7:00 Movie and Review-TH 7:00 Beaver Creek X-mas Concert-ILDR	<u>National Ugly Xmas Sweater Day</u> 9:00 St. Boniface Bible Study-CR 9:30 Chair Stretch 10:30 Mind Fitness Games-ALDR 10:30 Waukee American Legion Veteran's Meeting-CR 12:30 Card Games-AL Library 2:00 Card Bingo-ALDR 3:00 X-mas Ornament Craft-TC 7:00 Game Night-VG	9:30 Card Games-AL  *Mind Fitness Games Available in the Village Grounds*
9:30 St. Boniface Catholic Church Service-SNF	<u>National Eggnog Day/Xmas Eve</u> 9:30 Chair Stretch 10:30 Mind Fitness Games-ALDR 10:30 Bean Bag Baseball Practice-CR 11:30-2:00 Treasure Cove Open 2FIL 12:30 Card Games-AL Library 1:30 Quilting Group-2FIL 2:30 X-Mas Eve Ornament Craft-CR 4:00 Bible Study-CR 7:00 Dominoes/500-VG	<u>Merry Christmas!</u>  1:15 Hand and Foot-VG 2:00 Card Bingo-ALDR 7:00 Movie and Review-TH	<u>National Candy Cane Day</u> 9:30 Chair Stretch 10:00 Fitnessize-E 10:30 Mind Fitness Games-ALDR 10:30 Manicures-AL Library 12:30 Card Games-AL Library 2:00 Current Events w/Dick Hudson-FR 7:00 Card Bingo-ILDR	9:00 Donut Social-CR 10:30 Balance, Posture, and Core-E 10:30 Therapy Dept. Wellness Talk-CR 1:30 Bridge Club-2FIL 2:00 Dominoes Club-AL Library 2:00 Sing a longs-CR 2:30 Movie Matinee-FR 4:00 Spiritual Discussion-IL Library 6:00 Walking Club-Meet in TC 7:00 Movie and Review-TH 7:00-9:00 Beaver Creek Practice-CR	9:00 St. Boniface Bible Study-CR 9:30 Chair Stretch 10:30 Mind Fitness Games-ALDR 12:30 Card Games-AL Library 2:00 Card Bingo-ALDR 3:00 Happy Hour-CR 7:00 Game Night-VG	9:30 Card Games-AL  *Mind Fitness Games Available in the Village Grounds*
	<u>New Years Eve</u> 9:00 Bus to Hy-Vee 9:30 Chair Stretch 10:30 Mind Fitness Games-ALDR 10:30 Bean Bag Baseball Practice-CR 11:30-2:00 Treasure Cove Open 2FIL 12:30 Card Games-AL Library 1:30 Quilting Group-2FIL 4:00 Bible Study-CR 7:00 Dominoes/500-VG	<h1>DECEMBER 2018</h1> <p>Inn</p>		<b>ACTIVITY LOCATOR KEY</b>		AL-Assisted Living CR-Community Room TH-Theater SNF-Skilled Nursing Facility 2FIL-2nd Floor Independent Living 3FIL 3rd Floor Independent Living TC-Town Center E-Exercise Room
						IL-Independent Living ALDR-Assisted Living Dining Room ILDR-Independent Living Dining Room FR-Family (Fireplace) Room VG-Village Grounds ALPDR-Assisted Living Private Dining Room (near AL Dining Room)