

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<u>February Birthdays</u> No Resident Birthdays	<u>Contact Information</u> Ashley - Community Life Director (515-478-6402) All offerings are subject to change without notice.				9:30 Morning Buzz 10:00 Brain Fitness 11:00 Power Walk 1:30 King's Corner 2:00 Coloring for Relaxation 2:30 Let's Bake Cookies! 3:30 Life Skills 6:00 Movie Night/Popcorn	10:30 Therapy Dog Visit 11:00 Power Walk 2:30 The Story of Groundhog Day 3:00 Coloring for Relaxation/Puzzles/Cards 3:00 Lutheran Church of Hope-CR 3:30 Life Skills 7:00 Lawrence Welk - Channel 11 Groundhog Day
9:30 St. Boniface Catholic Mass-SNF 10:00 Worship Anew - Channel 377 11:00 Power Walk 2:30 Coloring for Relaxation/Puzzles/Cards 3:30 Life Skills 5:30 Super Bowl LIII	9:30 Morning Buzz 10:00 Sing-Along w/ Instruments 10:30 Movin' Monday Exercises/Resistance Bands 1:30 Spa Day - Manicures 3:00 Card Bingo 3:30 Relax & Rewind 3:30 Life Skills	9:30 Morning Buzz 10:00 Trivia Tuesday 11:00 Power Walk 1:30 King's Corner 2:00 Banana Splits 3:30 Relax & Rewind 3:30 Life Skills	9:30 Morning Buzz 10:00 Balloon Swat 11:00 Power Walk 1:30 1:1 Activities 2:30 Jr. Scrabble 3:30 Relax & Rewind 3:30 Life Skills	9:30 Morning Buzz 10:00 Devotions/Hymn Sing 11:00 Power Walk 1:30 Balloon Swat 2:30 Munch/Mix/Mingle 3:30 Relax & Rewind 3:30 Life Skills 5:30 Hand Massages	9:30 Morning Buzz 10:00 Brain Fitness 11:00 Power Walk 1:30 King's Corner 2:00 Coloring for Relaxation 2:30 Let's Bake Cookies! 3:30 Life Skills 6:00 Movie Night/Popcorn	10:30 Therapy Dog Visit 11:00 Power Walk 2:30 Coloring for Relaxation/Puzzles/Cards 3:30 Life Skills 7:00 Lawrence Welk - Channel 11
9:00 Communion Service with Heartland Presbyterian- SNF 10:00 Worship Anew - Channel 377 11:00 Power Walk 2:00 Coloring for Relaxation/Puzzles/Cards 3:30 Life Skills	9:30 Morning Buzz 10:00 Sing-Along w/ Instruments 10:30 Movin' Monday Exercises/Resistance Bands 1:30 Spa Day - Manicures 3:00 Card Bingo 3:30 Relax & Rewind 3:30 Life Skills National Random Acts of Kindness Week	9:30 Morning Buzz 10:00 Practicing Kindness 11:00 Power Walk 1:30 Valentine's Craft 3:30 Relax & Rewind 3:30 Life Skills	9:30 Morning Buzz 10:00 Cadence the Beagle 11:00 Power Walk 1:30 1:1 Activities 2:30 Qwirkle (Matching Game) 3:30 Relax & Rewind 3:30 Life Skills	9:30 Morning Buzz 10:00 Devotions/Hymn Sing 11:00 Power Walk 2:00 - 4:00 Valentine's Social/Live Music - TC 3:30 Relax & Rewind 3:30 Life Skills 5:30 Hand Massages Valentine's Day	9:30 Morning Buzz 10:00 Brain Fitness 11:00 Power Walk 1:30 King's Corner 2:00 Coloring for Relaxation 2:30 Let's Bake Cookies! 3:30 Life Skills 6:00 Movie Night/Popcorn	10:30 Therapy Dog Visit 11:00 Power Walk 2:30 Coloring for Relaxation/Puzzles/Cards 3:00 Lutheran Church of Hope-CR 3:30 Life Skills 7:00 Lawrence Welk - Channel 11
9:30 St. Boniface Catholic Mass-SNF 10:00 Worship Anew - Channel 377 11:00 Power Walk 2:30 Coloring for Relaxation/Puzzles/Cards 3:30 Life Skills National Random Acts of Kindness Day	9:30 Morning Buzz 10:00 Presidents' Day 10:30 Movin' Monday Exercises/Resistance Bands 1:30 Spa Day - Manicures 3:00 Card Bingo 3:30 Relax and Rewind 3:30 Life Skills Presidents' Day	9:30 Morning Buzz 10:00 Trivia Tuesday 11:00 Power Walk 1:30 King's Corner 2:30 Sing A-long w/ Mary 3:30 Relax & Rewind 3:30 Life Skills	9:30 Morning Buzz 10:00 Balloon Swat 11:00 Power Walk 1:30 1:1 Activities 2:30 Sorry 3:30 Relax & Rewind 3:30 Life Skills	9:30 Morning Buzz 10:00 Music w/ Mike 11:00 Power Walk 1:30 Balloon Swat 2:30 Munch/Mix/Mingle 3:30 Relax & Rewind 3:30 Life Skills 5:30 Hand Massages	9:30 Morning Buzz 10:00 Brain Fitness 11:00 Power Walk 1:30 King's Corner 2:00 Coloring for Relaxation 2:30 Let's Bake Cookies! 3:30 Life Skills 6:00 Movie Night/Popcorn	10:30 Therapy Dog Visit 11:00 Power Walk 2:30 Coloring for Relaxation/Puzzles/Cards 3:30 Life Skills 7:00 Lawrence Welk - Channel 11
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		ACTIVITY LOCATOR KEY TC - Town Center (Main building)				Items in BLUE are Watermark University Items in RED are Outings Items in GREEN are Entertainment
<h1>FEBRUARY 2019</h1> <p>The Gardens</p>						