

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>Resident's Birthdays</u></p> <p>Margaret George-7th</p> <p>Madeline Oddy-25th</p>	<p>Colleen- Springs Beauty Salon (515-669-3593)</p> <p>Mary Mars- Indulge Salon (515-250-7140)</p>	<p><u>Contact Information</u></p> <p>Community Life Office (515-987-4107)</p> <p>Ashley- Community Life Director (515-478-6402)</p>	<p>All activities are subject to change.</p> <p>Outings are listed in red.</p> <p>Entertainment is listed in green.</p> <p>Watermark University is listed in blue</p>	<p><b>"Celebrating Love Month"</b></p>	<p>9:00 St. Boniface Bible Study- TC</p> <p>9:45 Good News Sharing-WCR</p> <p>10:00 Strengthening Exercises-WCR</p> <p>10:30 Daily News &amp; Trivia-WCR</p> <p>1:00 Movie Matinee-ECR</p> <p>1:30 Bingo-MCR</p>	<p>1:30 Creative Coloring-MCR</p> <p>1:30 Movie Matinee-TCFR</p> <p>3:00 Lutheran Church of Hope- TC</p>
<p>9:00 Communion Service with Heartland Presbyterian- MCR</p>	<p>9:45 Good News Sharing- WCR</p> <p>10:00 Chair Yoga- WCR</p> <p>10:30 Daily News &amp; Trivia</p> <p>1:30 Card Bingo- MCR</p> <p>2:30 Dog Time-MCR</p> <p>3:30 1:1 Activities</p> <p>4:00 Bible Study- TC</p>	<p>9:30 Men &amp; Ladies Social- WCR</p> <p>10:00 Exercise w/Butch &amp; Phyllis-WCR</p> <p>1:00 Technology Class-3IL</p> <p>1:30 Brain Exercises-MCR</p> <p>2:30 Music-MCR</p> <p>3:30 1:1 Activities</p> <p>6:30 Movie-TH</p>	<p>9:30 Walk-a-bout(pool Hall)MCR</p> <p>10:30 Chair Exercises- WCR</p> <p>1:30 Games/Wii Games-MCR</p> <p>3:00 Sing-along w/Mary-ECR</p> <p>3:30 Nail Painting-MCR</p> <p>4:00 1:1 Activities</p>	<p>9:45 Donut Social- WCR</p> <p>10:00 Therapy Cat Visit</p> <p>10:00 Daily News-WCR</p> <p>10:30 Balance Exercises- WCR</p> <p>1:30 Brain Exercises-MCR</p> <p>2:00 Yahtzee-MCR</p> <p>3:30 Joe Klinefelter Sings and Plays the Guitar-ECR</p>	<p>9:00 St. Boniface Bible Study- TC</p> <p>9:45 Good News Sharing- WCR</p> <p>10:00 Strengthening Exercises-WCR</p> <p>10:30 Daily News &amp; Trivia-WCR</p> <p>1:00 Movie Matinee-ECR</p> <p>1:30 Bingo-MCR</p> <p>2:30 Relaxation Time-MCR</p> <p>3:30 1:1 Activities</p>	<p>1:30 Movie Matinee-TCFR</p> <p>1:30 Creative Coloring-MCR</p>
<p>9:30 St. Boniface Catholic Service-WCR</p> <p><b>Random Acts of Kindness Week</b></p>	<p>9:45 Good News Sharing- WCR</p> <p>10:00 Chair Yoga- WCR</p> <p>10:30 Daily News &amp; Trivia-WCR</p> <p>11:30-2:00 Treasure Cove- 2IL</p> <p>1:30 Bingo-MCR</p> <p>2:30 Ipad Music-MCR</p> <p>3:30 1:1 Activities</p> <p>4:00 Bible Study- TC</p>	<p>9:30 Men &amp; Ladies Social- WCR</p> <p>10:00 Exercise w/Butch &amp; Phyllis-WCR</p> <p>1:00 Technology Class-3IL</p> <p>1:30 Brain Exercises-MCR</p> <p>2:30 Music-MCR</p> <p>3:30 Parkinson's Support Group-TC</p> <p>6:30 Movie-TH</p>	<p>9:30 Walk-a-bout(pool Hall)MCR</p> <p>10:30 Chair Exercises-WCR</p> <p>1:30 Games/Wii Games-MCR</p> <p>2:00 Current Events w/ Dick-TCFR</p> <p>3:00-Nail Painting-MCR</p> <p>4:00 1:1 Activities</p>	<p><b>Happy Valentine's Day!!!</b></p> <p>9:45 Donut Social- WCR</p> <p>10:00 Therapy Cat Visit</p> <p>10:00 Daily News &amp; Trivia-WCR</p> <p>10:30 Balancing Exercises-WCR</p> <p>2:00 Valentine's Day Celebration-TC</p> <p>4:00 Alzheimer's Support Group- AL Library</p>	<p>9:00 St. Boniface Bible Study- TC</p> <p>9:45 Good News Sharing-WCR</p> <p>10:00 Strengthening Exercises- WCR</p> <p>10:30 Daily News &amp; Trivia-WCR</p> <p>1:00 Movie Matinee-ECR</p> <p>1:30 Bingo- MCR</p> <p>2:30 Popcorn &amp; Jokes- MCR</p> <p>3:30 1:1 Activities</p>	<p>1:30 Creative Coloring-MCR</p> <p>1:30 Movie Matinee- TCFR</p> <p>3:00 Lutheran Church of Hope- TC</p>
	<p>9:45 Good News Sharing- WCR</p> <p>10:00 Chair Yoga- WCR</p> <p>10:30 Daily News &amp; Trivia-WCR</p> <p>1:30 Bingo-MCR</p> <p>2:30 Reminiscing-MCR</p> <p>3:30 1:1 Activities</p> <p>4:00 Bible Study- TC</p>	<p>9:30 Men &amp; Ladies Social-WCR</p> <p>10:00 Exercise w/ Butch &amp; Phyllis-WCR</p> <p>1:00 Technology Class- 3IL</p> <p>1:30 Brain Exercises-MCR</p> <p>2:30 Music-MCR</p> <p>2:30 Resident Birthday Party-MCR</p> <p>3:30 Brain Exercises-MCR</p> <p>6:30 Movie-TH</p>	<p>9:30 Walk-a-bout(pool Hall)MCR</p> <p>10:30 Chair Exercises- WCR</p> <p>1:30 Games/Wii Games-MCR</p> <p>3:30 Dog Therapy Visit-Beck</p> <p>3:30 1:1 Activities</p>	<p>9:45 Donut Social-WCR</p> <p>10:00 Therapy Cat Visit</p> <p>10:00 Balancing Exercises-WCR</p> <p>10:30 Daily News &amp; Trivia-WCR</p> <p>1:30 Resident Council-MCR</p> <p>2:00 Hank Bauer-Guitar 50s&amp;60s</p> <p>3:00 Grief/Loss Support Group-TC</p>	<p>9:00 St. Boniface Bible Study- TC</p> <p>9:45 Good News Sharing-WCR</p> <p>10:00 Strengthening Exercises-WCR</p> <p>10:30 Daily News &amp; Trivia-WCR</p> <p>1:00 Movie Matinee-ECR</p> <p>1:30 Bingo-MCR</p> <p>3:00 1:1 Activities</p>	<p>1:30 Creative Coloring-MCR</p> <p>1:30 Movie Matinee-TCFR</p>
<p>9:30 St. Boniface Catholic Service-WCR</p>	<p>9:45 Daily Chronicles- WC</p> <p>10:00 Chair Yoga- WCR</p> <p>10:30 Daily News &amp; Trivia- WCR</p> <p>11:30-2:00 Treasure Cove- 2IL</p> <p>1:30 Bingo-MCR</p> <p>2:30 Music w/ Instruments-MCR</p> <p>3:30 1:1 Activities</p> <p>4:00 Bible Study- TC</p>	<p>9:30 Men &amp; Ladies Social-WCR</p> <p>10:00 Exercise w/ Butch &amp; Phyllis-WCR</p> <p>1:00 Technology Class- 3IL</p> <p>1:30 Brain Exercises-MCR</p> <p>2:30 Music-MCR</p> <p>3:30 1:1 Activities</p> <p>6:30 Movie-TH</p>	<p>9:30 Walk-a-bout(pool Hall)-</p> <p>10:30 Chair Exercises-WCR</p> <p>11:00 Daily News&amp; Trivia-WCR</p> <p>1:30 Games/Wii Bowling-MCR</p> <p>2:00 Current Events w/ Dick-TCFR</p> <p>2:30 Reminiscing-MCR</p> <p>3:30 1:1 Activities</p>	<p>9:45 Donut Social- WCR</p> <p>10:00 Therapy Cat Visit</p> <p>10:00 Daily News&amp;Trivia-WCR</p> <p>10:30 Balancing Exercises-WCR</p> <p>1:30 Games-MCR</p> <p>3:30 Brain Exercises/News-MCR</p>		
				<p><b>ACTIVITY LOCATOR KEY</b></p> <p>WCR- Springs West Community Room</p> <p>MCR- Springs Main Community Room</p> <p>ECR- Springs East Community Room</p>	<p>TC- Town Center Main Community Room</p> <p>TCFR- Town Center Family Room</p> <p>TH- Theatre Room Town Center</p>	<p>ILDR- Town Center Dining Room</p> <p>2FIL- Town Center 2nd Floor</p> <p>3FIL- Town Center 3rd Floor</p>
<p><b>FEBRUARY 2019</b></p> <p><i>The Springs-Skilled Nursing &amp; Rehabilitation</i></p>						